SUMMER Recreation East Hartford PROGRAMS.





Lifegua





Swim Lessons



Sounds of Summer

Pavilion Rentals



Road Races



Marcia A. Leclerc Mayor

50 Chapman Place, East Hartford, CT Ph: (860)291-7160 www.easthartfordct.gov



TERRY MARTIN DRENNAN LORD GOLDSTAR INDOOR

Hockanum Park 320 High St

Located on High Street behind Hockanum School. A 50 meter pool with two diving boards. Olympic Size!

Martin Park 307 Burnside Ave

Located in Martin Park off Burnside Ave. Historic pool dating back to 1938, rectangular with a wading pool.

McAuliffe Park 30 Remington Rd

Located next to Anna Norris School on Remington Rd. Rectangular pool and a great place to learn to swim!

Gorman Park 258 May Rd

Located behind O'Connell School on May Rd. A ramp for accessible entry, children's wading pool & water slide.

Goodwin Park 1235 Forbes St

Located behind Goodwin Elementary School on Forbes St. A family friendly pool with a mushroom water feature.

Middle School

Located inside the school. Pool entry on Scotland Road. Perfect for the Learn to Swim program! Open through end of August

PUBLIC SWIM TIMES

Mon through Fri 1:00—4:00 PM 5:00—6:30 PM Lap Swim 4 - 5 PM

Sat & Sun 1:00—5:00 PM Mon through Fri 1:00—4:00 PM 5:00—7:00 PM

Sat & Sun 1:00—5:00 PM Mon through Fri 1:00—4:00 PM 5:00—6:30 PM Senior Swim 4 - 5 PM

Sat & Sun 1:00—5:00 PM Mon through Fri 1:00—4:00 PM 5:00—7:00 PM Seniors 12-1 & 4-5 PM

> Sat & Sun 1:00—5:00 PM

Mon through Fri 1:00—4:00 PM 5:45—7:00 PM

Sat & Sun 1:00—5:00 PM Mon through Thurs 7:45—8:30 PM

Lap Swim 8:30—9:15 PM Closed Fridays

Admittance is free!

Age 6 & under: Must be accompanied by person 16 or older. Child must be within arms reach at all times.

Ages 7—15: Must provide ID when by themselves or with an adult. Park & Rec ID's are available at the office for \$6.00 and are good for three years. The other acceptable form of ID is a 2014-2015 East Hartford Public School ID.

Adult Residents: Proof of residency required. If you cannot provide proper ID you are charged the non-resident rate. Acceptable forms of ID are Driver's License/permit or State Issued ID Card.

Non-Residents: \$5.00 per person, including children. Pool Passes may be purchased at \$10 per week or \$30 for summer.

Splash Parties...for the family!

Come join us for fun with the entire Family at our Summer Splash Parties. Family fun offers something for everyone with pool games, arts & crafts and music. So

grab your friends and family and catch a wave!

Saturday, July 18 1:00—4:00 PM at Lord

Friday, August 7
5:00—7:00 PM at Martin





MORNIN	IGS	June 29 - July 9	July 13 - 23	July 27 - Aug. 6	Class Limit
GOLDSTAR POOL	•				
Waterbabies	9:35—10:05 AM	63709-1	63709-4	63709-7	10
Preschool	10:10—10:40 AM	63700-1	63700-4	63700-7	12
Level 1	10:10—10:50 AM	63701-1	63701-4	63701-7	10
Level 2	9:25—10:05 AM	63702-1	63702-4	63702-7	10
Level 3	10:10—10:50 AM	63703-1	63703-4	63703-7	10
MARTIN POOL					
Level 1	9:35—10:15 AM	63701-10	63701-11	63701-12	10
Level 2	9:35—10:15 AM	63702-10	63702-11	63702-12	10
Level 3	9:35—10:15 AM	63703-10	63703-11	63703-12	10
Level 4	10:20-11:00 AM	63704-1	63704-4	63704-7	10
Level 5	10:20-11:00 AM	63705-1	63705-4	63705-7	10
Level 6	10:20-11:00 AM	63706-1	63706-4	63706-7	10
EVENIN	GS				
GOLDSTAR POOL					
Waterbabies	5:10-5:40 PM	63709-2	63709-5	63709-8	10
Preschool	5:10-5:40 PM	63700-2	63700-5	63700-8	10
Level 1	5:00-5:40 PM	63701-2	63701-5	63701-8	10
DRENNAN POOL					
Level 2	6:30-7:10 PM	63702-2	63702-5	63702-8	10
Level 3	6:30-7:10 PM	63703-2	63703-5	63703-8	10
Level 4	6:30-7:10 PM	63704-2	63704-5	63704-8	10
Level 5	6:30-7:10 PM	63705-2	63705-5	63705-8	10
Level 6	6:30-7:10 PM	63706-2	63706-5	63706-8	10
MIDDLE SCHOOL	INDOOR POOL				
Waterbabies	5:30—6:00 PM	63709-3	63709-6	63709-9	10
Preschool	5:30—6:00 PM	63700-3	63700-6	63700-9	15
Level 1	6:10—6:50 PM	63701-3	63701-6	63701-9	10
Level 2	6:10—6:50 PM	63702-3	63702-6	63702-9	10
Level 3	6:10—6:50 PM	63703-3	63703-6	63703-9	10
Level 4	7:00—7:40 PM	63704-3	63704-6	63704-9	10
Level 5	7:00—7:40 PM	63705-3	63705-6	63705-9	10
Level 6	7:00—7:40 PM	63706-3	63706-6	63706-9	10
ADULT SWIM LES	SONS				
12:00—12:40 PM	Lord Pool	63710-1	63710-3	63710-5	10
7:00—7:40 PM	High School	63710-2	63710-4	63710-6	10

** COUPON ** \$12.00 off the third session of swim lessons Coupons must be presented in person at time of registration. Not redeemable for cash value. One per less

Not applicable to semi/private lessons.

** COUPON ** \$7.00 off the second session of swim lessons

session of swim lessons

<u>\$5.00</u> off the *first*

** COUPON **

Coupons must be presented in person at time of registration. Not redeemable for cash value. One per lesson. Not applicable to semi/private lessons.

Coupons must be presented in person at time of registration. Not redeemable for cash value. One per lesson. Not applicable to semi/private lessons.

Pool Programs



Semi-Private Lessons

Small class instruction. Limit 2 per class. Taught by one of our veteran swim lesson instructors. Open to ages 4 & up through Adults.

Location: Middle School Indoor Pool, Total of 4 classes

Fee: \$59 residents, \$69 non-residents

Mondays & Wednesdays

Session 1: June 29– July 8 7:45—8:15 PM #63707-1 8:15—8:45 PM #63707-2

Session 2: July 13-22

7:45—8:15 PM #63707-5 8:15—8:45 PM #63707-6

Session 3: July 27—Aug. 5

7:45—8:15 PM #63707-9 8:15—8:45 PM #63707-10

Tuesdays & Thursdays

Session 1: June 30– July 9 7:45—8:15 PM #63707-3 8:15—8:45 PM #63707-4

Session 2: July 14-23

7:45—8:15 PM #63707-7 8:15—8:45 PM #63707-8

Session 3: July 28-Aug. 6

7:45—8:15 PM #63707-11 8:15—8:45 PM #63707-12



Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. The Aqua Zumba class blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief. Instructor: Karen Chorney. Drop in Fee \$9.00 per class.

6:30—7:30 PM Fee: \$32.00 per night/session

MIDDLE SCHOOL POOL

Mondays, June 1 - 22 Activity #13621-7 last class held at Lord Outdoor Pool

Wednesdays, June 3 - 24 Activity #13621-8 last class held at Lord Outdoor Pool

LORD OUTDOOR POOL

Mondays, July 6—27 Activity #13621-9

Wednesdays, July 8—29 Activity #13621-10



Little Splashers Playgroup

Toddlers & Preschoolers Held at Martin & Lord Wading Pools

Held seven days a week from 1:00—2:00 PM.

Participants can bring floaties and water toys to the wading pool (water toys are permitted at the discretion of the lifeguards). We'll also supply some aquatics toys so bring your little one out for this all new playgroup! Free for everyone, no pre-registration necessary.

Prime Time Senior Swimming

Pool time set aside for older adults looking to have time in the pool for swimming. No pre-registration necessary. Proof of residency required.

- Mondays through Friday, 12:00—1:00 and 4:00—5:00 PM at Lord Pool
- Monday through Friday, 4:00—5:00 PM at Drennan Pool

Adult Lap Swimming

Lap swim is available both early mornings and evenings and is a great way to get a workout in!

Middle School Indoor Pool

6:30—7:30 AM Mondays, Wednesdays, Fridays through beginning of Sept. 8:30—9:15 PM, Monday through Thursday

Adult Prime Time Afternoon Lap Swim

Monday - Friday, 4:00 - 5:00 PM, Terry Pool, Hockanum Park

EAST HARTFORD SOUNDS OF

MUSIC + LIVE + FREE



July 2nd, Timmy Maia Experience Rapid Fire Vocal Pop hits and classics!



July 9th, Cruz Machine Classic Rock with Flair!



July 16th, On Call Band Oldies, Rock, Pop, Country and the Blues!



Thursdays

6-8 pm

Town Green

July 2, 9, 16

Great River

Park

July 23, 30,

Aug. 6



July 23rd, MacTalla Mor Great Highland Bagpipes... Celtic Roots Band!



July 30th, Larry Stevens Band Journey thru decades of classic rock!



August 6th, Soul Sound Revue The hottest Motown this side of Detroit!

First three concerts held on the East Hartford Town Green, 50 Chapman Place Last three concerts held at Great River Park along the banks of the Connecticut River!

Held Rain or Shine. In case of inclement weather concerts are held indoors at the Community Cultural Center, 50 Chapman Place Ph: 860-291-7160



www.easthartfordct.gov





Special Events



National Trails Day

Clean-Up at Hockanum River Linear Park Trail, Sunday, June 7, 12:00 - 2:30 PM

East Hartford Mayor Marcia A. Leclerc & the Hockanum River Commission invite you to donate some time to support local trails. We will be working on some maintenance on a 2-mile stretch of trail (that heads south to Town Hall) in celebration of National Trails Day. Bring a rake and have some fun. Meet leader Logan Gauvin at the trail entrance at Martin Park (307 Burnside Avenue, head down driveway to the maintenance garage). See easthartfordct.gov for any event updates. Pre-registration is

APPRECIATED. Questions or to register: contact Logan, (860) 291-7163, Igauvin@easthartfordct

28th Annual Memorial Mile

Monday, May 25th

Parks & Rec and EH Physical Education presents the 26th Memorial Mile preceding the Memorial Day parade. The 1 mile race starts on Scotland Road and finishes just west of Hillside St on Burnside Ave. Awards presented for men & women, 9 & under, 10-11, 12-13, 14-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89, 90 & up. T-shirts issued to all pre-registrants as of May 22 and on race day if available. Activity # 10015-1 Begins at 10:20 AM. Fee: \$15 by May 21. After May 21, \$20. EH school students are free. Race day registration and check-in at Martin Park, 307 Burnside Avenue from 8:30 - 9:45 AM.

31st Annual Riverfest 5K Road Race & Kid's 1K

Sat, July 11th, Ages 13 & Under

Held at Goodwin School, this course is certified by USA Track & Field and is flat and fast. Nine age-groups for men and women.

5 K Road Race

Activity # 54010-E Race begins at 8:30 AM, Race day registration from 7 - 8 AM. Fee:\$20 by June 26 includes T-shirt/\$25 after June 26/race day

1 K Kids Road Race

Activity # 54010-F Race begins at 8:00 AM. Fee: \$10 by June 26, \$15 after June 26

Sports League Contacts

Please contact the following individuals with questions and concerns for these programs. The Parks and Recreation Office does not administer these programs.

Hornets Youth Football, Darnell Smith 860-922-8989
Huskies Youth Football, Gene Lavigne 860-897-1673
Little League Baseball/Softball, Todd Tofil 860-214-4203
www.EHLL.org

Babe Ruth Baseball, Todd Tofil

Men's Softball, Rich Beaulieu

Youth Soccer, John Bacon

Youth Soccer, Stephanie Duffey

ehsoccerclub@comcast.net

Adult Soccer, Tom Therrien

Youth Basketball, EH Parks & Recreation

American Legion Baseball, Steve Segarra

860-344-1190

860-655-2555

clubinfo@ehsc.net

www.EHSC.net

860-568-7435

860-291-71660

American Legion Baseball, Steve Segarra

860-372-3429

INTERCOMMUNITY IS TAKING GOOD CARE OF CHILDREN

Offering Same-Day Access
to Quality Pediatric
Physical Health Care
Including:
Annual Physicals
Sick Visits
Immunizations
Sports Physicals
Nutritional Counseling
Behavioral Assessments



Stop by our offices at 281 Main Street in East Hartford, or call us at **860-569-5900**.

InterCommunity
Health Care for the Whole Person

www.intercommunityct.org Most insurances and uninsured accepted.

Bus Trips

Fenway Park

Bus leaves from and returns to the Town Green, 50 Chapman Place.

Red Sox vs. Detroit Tigers, Saturday, July 25

Activity #33008-1, Fee \$69. Seats: right field bleacher seats, Section 37. Departs 3:00 PM, returns 12:30 AM. Game time 7:10 PM.

Red Sox vs. Seattle Mariners, Saturday, August 15

Activity #33010-1, Fee \$69. Seats: Right Field Bleachers Section 43. Departs 3:00 PM, returns 12:30 AM. Game time 7:10 PM.

Yankee Stadium

Bus leaves from and returns to the Town Green, 50 Chapman Place.

Yankees vs. Texas Rangers, Saturday, May 23

Activity #33003-1, Fee \$55, Bleacher seats, sec. 239 in left field. Departs 8:00 AM, returns 8:00 PM. Game time 1:05 PM. Includes a Yankees Cap!

Yankees vs. Anaheim Angels, Saturday, June 6

Activity #33004-1, Fee \$55, Bleacher seats, sec. 239 left field. Departs 1:30 PM, returns 1:00 AM. Game time 7:15 PM

Yankees vs. Oakland A's, Thursday, July 9

Activity #33006-1, Fee \$80, Field Level, sec. 108, right field. Departs 8:00 AM, returns 8:00 PM. Game time 1:05 PM.

Yankees vs. Seattle Mariners, Saturday, July 18

Activity #33007-1, Fee \$95, Terrace level, sec. 306, right field. Includes unlimited food & beverages. Departs 8:00 AM, returns 8:00 PM. Game time 1:05 PM.

Yankees vs. Boston Red Sox, Thursday, August 6

Activity #33009-1, Fee \$95, Terrace level, sec. 306, right field. Includes unlimited food & beverages. Departs 1:30 PM, returns 1:00 AM, Game time 7:05 PM.

Yankees vs. Minnesota Twins, Wednesday, August 19

Activity #33011-1, Fee \$57, Main level, sec. 232 B, left field. Departs 8:00 AM, returns 8:00 PM. Game time 1:05 PM.

Yankees vs. Baltimore Orioles, Monday, September 7 Activity #33012-1, Fee \$80, Field level, sec. 108, right field. Departs 8:00 AM, returns 8:00 PM. Game time 1:05 PM. Yankees vs. Boston Red Sox, Thursday, October 1

Activity #33013-1, Fee \$95, Terrace level, sec. 306, right field. Includes unlimited food & beverages. Departs 1:30 PM, returns 1:00 AM. Game time 7:05 PM.

Destination Trips

Departs from and returns to the East Hartford Town Hall, 740 Main Street

9/11 Memorial Museum, Saturday, June 13

Activity #33023-1, Fee: \$79. Register by May 13. Includes timed entry to the 9/11 Memorial and admission to the museum. Prior to the museum, free time in Little Italy. Departs 7:45 AM, returns 7:30 PM.

Boston Tea Party Museum & Quincy Market, Saturday, July 25

Activity #33024-1, Fee: \$71. Register by June 25. Take a journey back in time & take part in the famous event that changed the course of history. Includes admission to museum & free time at Quincy Market. Departs 9:15 AM, returns 4:45 PM

Delaware & Ulster Railroad, Catskills, NY, Saturday, Aug. 15

Activity # 33031-1, Fee: \$111. Elegant travel and dining aboard post WWII Steamliner train. Includes train admission and lunch, visit to the Emerson Country Store. Departs 7:00 AM, returns 6:30 PM.

Jazz In the Village, Greenwich Village, NY, Saturday, Sept. 19

Activity # 33029-1, Fee: \$99. Register by Aug. 19. Includes a live jazz brunch at the Garage Restaurant, West Village walking tour and visit to Bleecker Street for free time. Departs 8:15 AM. Returns 7:15 PM.

Macy's Thanksgiving Day Parade Thursday, Nov. 26

Activity # 33025-1, Fee: \$57. balloons, floats, bands, clowns and more! Includes tour director. Drop off at FAO Schwatz and 5th Avenue. You will walk across Central Park by the Plaza Hotel. Depart time TBA.

Radio City Music Hall Christmas Spectacular, Sat. Nov. 14

Activity # 33028-1, Price TBA. Register by Oct. 22. Relax in your orchestra/first mezzanine seat for America's favorite holiday tradition! Time for shopping and lunch on your own after the 1 PM performance.

New York Holidays On Your Own, Sunday, Dec. 20

Activity # 33052-1, \$39.00 per person. Register by Dec. 1. Spend time shopping in NY for the Holiday season. Multiple drop off and pick up points throughout the city. Includes transportation only. Departs 8:00 AM. Returns 6:00 PM.

Fitness

All-In-One Adult Fitness

This program is designed to allow you to try all the top aerobic conditioning programs including Hi Lo Aerobics, Cardio Kickboxing, Step Aerobics, Low Impact Aerobics with weights and circuit training. In addition to the aerobic component, you will increase your flexibility, muscle strength, core stability, balance and coordination.

9:15—10:15 AM at the Community Cultural Center Room TBA \$56 residents, \$66 non-residents per session (16 classes)

Tues & Thurs, June 30-Aug 20: Activity # 66802-1

Tues & Thurs, Aug. 25—Oct. 15: Activity # 66802-2

Zumba

A fusion of Latin and international rhythms with easy to follow moves. Includes cardio and resistance training components designed to tone and sculpt the entire body. Zumba is designed for adults of all ages and fitness levels. Class participants at any level can start Zumba right away. Don't forget to bring a water bottle.

Activity #74602-2 6:00—7:00 PM, Tuesdays & Thursdays, July 7—Aug. 27 Community Cultural Center Gym Fee: \$56 for 16 classes

Pilates

Blend strength, flexibility & Balance to improve posture and unite mind & body. Mat based combines Yoga, Dance and traditional floor exercise. Focus on back and abdomen. Bring a mat & 10" ball.

Activity #74604-1 7:15—8:00 PM Tuesdays & Thursdays, July 7—Aug. 27 Community Cultural Center Gym Fee: \$56 for 16 classes

Youth Programs

Camp Munchkin

Monday thru Friday 9:00 AM-1:00 PM Community Cultural Ctr. \$49 one week \$249 all 6 weeks

Register today,

program fills

quickly.

Summer Camp for 3 & 4 year olds!

Camp Munchkin provides a safe, nurturing, and fun environment in which children can make new friends, enjoy new activities, create works of art, learn new things, and experience age-appropriate independence. Campers will do arts and crafts, singing and dancing, games, stories, science activities, cooking, nature activities and more. A specially designed preschool classroom facilitates imaginative play. Campers use the gymnasium every day for all sorts of energetic activities! Your child will enjoy playing and learning with their friends while participating in a great camp program designed by the staff to keep the young campers moving, laughing, and enjoying the summer. Please send your child to camp with a water bottle, small snack and lunch. Camp Munchkin has their very own special theme weeks designed specifically for little ones in mind! Activity #52101

Weekly Themes

Week 1: June 29-July 2: Ocean Explorers

Week 2: July 6-10: Little Einstein's

Week 3: July 13-17: Land of Make Believe

Pirates, Princesses & Superheroes

Week 4: July 20-24: Buggin' Out For Nature

Week 5: July 27-31: Barnyard Jamboree

Week 6: August 3-7: Seuss Spectacular

Registration packet available at www.easthartfordct.gov/parks



MLB Pitch Hit & Run 2015 Local Competition

Boys and Girls ages 7—14

The MLB Pitch, Hit & Run is the official skills competition of the Major League Baseball. This grassroots program is designed to provide youngsters with an opportunity to compete free of charge in a competition that recognizes individual excellence in core baseball/ softball skills. This competition is FREE. Participants must provide a copy of their birth certificate in order to be eligible.

Sunday April 26th (2:00pm) Meets: McAuliffe Park Baseball Field

Developmental Track & Field Meets

Ages Preschool through Adult

4 week program has seven age groups from preschool to over 30. Award ribbons distributed at each meet to top three overall age group places with trophies awarded at the completion of the program to those who score the most points in their respective age groups.

Activity # 54008, 6:00 PM East Hartford High School Track \$5 per night, \$15 for entire series

Tuesdays, June 2 & 16

Events: long jump, 200 meters, mile, 400 meters and 4x100 relay.

Tuesdays, June 9 & 23

Events: shot put, turbo javelin, 100 meters, 800 meters, mile and 4x100 relay.

Youth Track & Field **Championships**

Grades 3-8

Introduces kids to physical fitness through basic track and field events. All athletes must qualify for entry into the Town Championship meet through their physical education classes. The Town meet will be held on Monday, May 11 at 5:30 PM. Rain date Monday, May 18.

Build Up Series

Prepare for the Track & Field Championships! Instruction in standing long jump and softball throw techniques, relay passes, sprints and distance races. Pre-registration required for this free program. Free to all participants.

5:30 - 6:30 PM, Activity # 42600-1 Wednesdays, April 15, 22, 29, May 6 East Hartford High School Track

NFL Punt Pass & Kick

Local Competition coming Summer 2015!

The NFL Punt, Pass & Kick football competition allows young-



showcase their talents in punting, passing and kicking with scores based on distance and accuracy. This competition is FREE and open to Boys and Girls ages 6 -15. Participants must provide a copy of birth certificate in order to be eligible. No cleats are allowed for this competition.



Kara Wolters Dream Big Basketball Camp

For Boys & Girls in Grades 5-10

East Hartford Parks & Recreation presents this all new camp just for girls! Join Kara Wolters, UConn Women's Basketball great and Olympic Gold Medalist! Camp features UConn basketball players as counselors, individual skill instruction, skills and games, guest speakers, autographs & pictures and awards ceremony. Register at the Parks & Recreation office today or online at www.easthartordct.gov.

Past "Dream Big" counselors have included UConn players Morgan Tuck, Gabby Williams, Stefanie Dolson, Tina Charles, Kiah Stokes, Bria Hartley, Caroline Doty, Tiffany Hayes and Kaleena Mosqueda-Lewis!

When: Monday through Friday, July 20—24 from 9:00 AM—3:00 PM

Where: East Hartford High School Gymnasium

Fee: \$275 for East Hartford residents, \$295 non-residents Fee Discounts Available! For questions, please contact Camp Director,

Kristen Mahoney at info@karawolters.com

Hornets Basketball Camp

With Coach Ed Lavoie Entering Grades 4—9

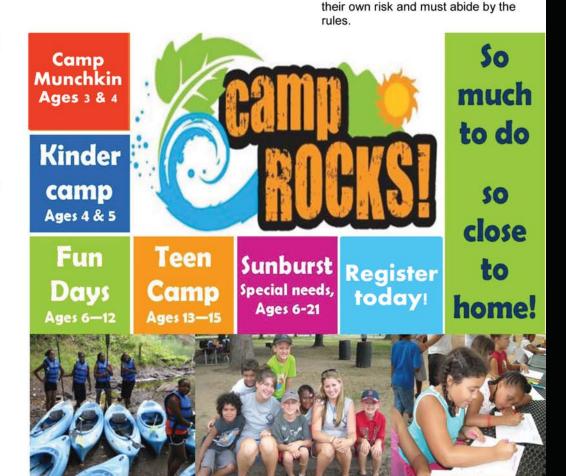
Provide young players with a positive environment to learn, develop and improve their fundamental basketball skills while enjoying the game. Coaching staff focuses on individual development and team skills on both the offensive and defensive ends. Emphasis is on building upon the importance of teamwork, hard work, having a positive attitude, listening skills and respecting the game. The goal is for everyone to have fun while improving their skills. Includes a camp T-shirt. Bring a water bottle and lunch each day. For more information, contact Coach Ed Lavoie at (860)573-1460 or email at Lavoie.ev@easthartford.org

Time: 9:00 AM—3:00 PM
Meets: EH Middle School Gym
Fee: \$95 for 1 week

e: \$95 for 1 week \$160 for 2 weeks

Week 1: July 6—10 Activity # 72401-1

Week 2: July 13—17
Activity # 72401-2
Week 2 will build upon week 1's
(basketball themes for those
players attending the camp for
two weeks)



Summer Camps available for boys & girls ages 3 & up

Call the Parks & Recreation office today at (860)291-7160.

Visit Www.easthartfordct.gov for registration forms and information.

Six Flags & Lake

Compounce Tickets

Join the Parks and Rec Six Flags &

Lake Compounce Club for the lowest price tickets. Register once a year for \$5 per family and you'll be entitled to

purchase "Good Any Day" tickets at a

reduced rate from Parks & Rec through-

out the summer season. 6 Flags good any day tickets are \$37.00 each. Activi-

ty #57000-1. Lake Compounce good

late April.

Skate Park

any day tickets are \$27.50 each. Activity #57001-1. Tickets will be available in

Martin Skate Park will be open and unsu-

sunrise to sunset. All patrons must wear

a helmet, elbow and knee pads and wrist guards. Bicycles are not permitted. Those who use the skate park do so at

pervised daily during park hours from



MORLOCK SCHOOL OF DANCE

102 Pitkin Street, East Hartford

860-568-0160

www.morlockschoolofdance.com

Enroll in Summer classes and receive FREE REGISTRATION in the fall! 2015 SUMMER DANCE SCHEDULE AND INFORMATION

Our summer dance program runs for 5 weeks every Monday-Wednesday starting on Monday, June 29th and will continue for 5 weeks. Please note there will be no class Monday, July 20th. This class will be made up on Monday, Aug. 3rd. **The price of one class for the 5 weeks is \$50.** Payment for classes must be given before classes start or on the first day of class. The summer schedule is subject to change depending on enrollment. We will be posting the schedule on the website, please call, email or come in to register! Sign-up now!

Monday: 5:15-6:00 Pre-dance (ages 3-4) and Kinder dance (ages 5-6)

6:00-6:45 Beginner Ballet (ages 8-10) / Intro. Ballet (6-8) 6:45-7:30 Intro Gym (ages 6-8) / Beginner Tap (ages 8-10)

7:30-8:15 Intro Hip-Hop (6 - 8)

Tuesday: 5:15-6:00 Intro Jazz Funk (ages 6-8)/Beginner Hip-Hop (ages 8-10)

6:00-7:00 Beg./Int. Gym (ages 8-12) 7:00-8:00 Int. Hip-Hop (12+)

8:00-9:00 Int./Adv. Gymnsatics (all ages)

Wednesday: 5:00-6:00 Int./Adv. Ballet (12+)/Beg. /Int. Modern (12+) 6:00-7:00 Int./Adv. Modern (12+)/Beg./Int. Jazz (12+)

7:00-8:00 Int. /Adv. Jazz (12+)

8:00-8:45 Jumps/Turns and Stretch (must have dance experience)

<u>Pricing:</u> 1 Class: \$50.00

2 Classes: \$100.00 3 Classes: \$150.00 4 Classes: \$200.00

Summer classes are a lot of fun. We hope to see you in July!

- Miss Christine & Miss Elizabeth

Senior Services

Our office is located at 70 Canterbury Street, East Hartford. Hours: Monday – Friday, 8:30 AM – 4:30 PM. Senior Services offers a variety of fitness and enrichment classes, health and wellness screenings, and educational, cultural and social programs to East Hartford residents ages 55 and older. View our monthly newsletter, The Golden Ager, at www.easthartfordct.gov. Classes are held at the South End Senior Center, 70 Canterbury Street. No membership requirements. For session dates and registration information, please call Senior Services at 860-568-4281 or 860-895-1517 or visit the office. Registration/payment is required prior to participation.

<u>Tai Chi – Beginner, Mondays, 10:30 – 11:30 AM</u> Stretching and movement exercises to improve balance & flexibility and reduce stress. 10-weeks: \$20 R, \$35 NR.

Embroidery/Knit/Crochet, Wednesdays, 12:30 – 2:30 PM Learn or improve your skills. All levels welcome. Individual instruction available during class. 6-week session: \$15 R, \$21 NR. Returns September 2015.

<u>Chair Exercise, Fridays, 11:30 AM – 12:15 PM</u>
For all activity levels. Stretching, toning, flexibility, and strength exercises while seated in a chair. 6-weeks: \$15 R, \$18 NR.

Energetic Exercise, *Tues & Thurs*, 10:35 – 11:35 AM Low-impact aerobic and resistance exercises to improve strength, toning and balance. 10-weeks: \$20 R, \$30 NR.

Painting – All levels, *Fridays*, 9:30 – 11:30 AM Explore and improve your painting skills using water soluble oil paints or acrylics. 10-weeks: \$20 R, \$30 NR.

<u>Powerful Aging, Mondays, 2:30 – 3:30 PM</u> Low-impact aerobics as well as step, floor and weight-bearing exercise. 10-weeks: \$10 R, \$20 NR. Broadway Dance Fitness, *Tuesdays*, 11:45 AM – 12:30 PM
A fun class with easy-to-follow routines set to Broadway tunes & popular music of the past. 8-week session: \$20 R, \$24 NR. *Returns September 2015*.

<u>Tai Chi – Intermediate, Fridays, 10:00 – 11:00 AM</u> For participants already familiar with tai chi, featuring additional stretching and movement. 10 weeks: \$20 R, \$35 NR.

Tap Dance, Tuesdays, 9:30 - 10:30 AM

Practice your shuffles and steps, learn a choreographed routine & get a great aerobic workout. Knowledge of basic tap dance steps required. *Returns September 2015.*

Yoga, Tuesdays, 1:30 - 2:30 PM

Hatha yoga class to enhance balance, strength, flexibility & concentration. Bring a yoga mat. 10-weeks: \$25 R, \$35 NR.

Zumba for Seniors, Mondays, 9:15 – 10:15 AM and Wednesdays, 9:15 – 10:15 AM. High energy, low-impact aerobic workout featuring upbeat Latin and popular music. 10-weeks: One day (only Mon. or Weds.) \$30 R, \$40 NR. Both days \$55 R, \$70 NR.

CONTACT US AT THE OFFICE

East Hartford Community Cultural Center 50 Chapman Place, East Hartford, CT 06108

Monday, Tuesday & Wednesday, 8:30 AM- 4:30 PM Thursdays, 8:30 AM- 7:30 PM and Fridays, 8:30 AM- 12:30 PM

Phone: (860)291-7160 Fax: (860)282-8239

REGISTRATION INFORMATION

All programs in this brochure are open for registration unless otherwise specified. The Parks and Recreation Dept. reserves the right to cancel any program, which does not meet minimum enrollment requirements. Registration must be done in advance. In order to insure the continuance of each program, registrations must be made at least one week before the start of the program unless otherwise indicated.

Online Registration

You are now able to register for most programs from the comfort of your home. Stop by or give us a call at 860-291-7160 to get it. All you need is a credit/debit card and you're ready to go!

Payment

Payment is due with registration for all trips and other programs. Advanced payment is required for all programs. All checks or money orders must be made payable to the <u>"TOWN OF EAST HARTFORD"</u> and can be either mailed to the Parks and Recreation Department office or delivered in person.

ID Policy

Parks & Recreation issues photo identification cards to children 7-15 years old providing official proof of residency is shown. Some acceptable forms of identification are magazines, bank statement, medical bill, etc. no older than thirty days. We will also accept report cards, birth certificate, social security, insurance cards if we are able to match the name to the parent's name on a driver's license. The fee is \$6.00 for a three year identification. Residents ages 16 and over must present a valid State of CT Motor Vehicle Operator's License or CT Non-Driver Photo ID Card which indicates their East Hartford address to access programs.

Credit & Debit Card Payments Are Accepted

Pay by Visa, Master Card and Discover credit cards as payment for program registrations and facility reservations.

Refund Policy

Refunds will not be issued unless a program is canceled by the Parks and Recreation Department.

PICNIC PAVILION RENTALS

Available beginning May 11 - Sept. 13. Sites include Martin Park, McAuliffe, Gorman, Goodwin, Hockanum and Labor Field. Permit fee \$40/residents for 4 hours and \$100/non-residents. Proof of East Htfd residency required at time of application.

SOFTBALL FIELD RENTALS

Available to East Hartford residents beginning Monday, May 12 through Aug. 22 based on availability. Permits issued for the current week, Monday through Sunday beginning the Monday of each week. \$5 for a two-hour block of time. Proof of residency required.

	lartford, CT 06108 Phon				82-8239 www	- Cuoti io	intior doti.gov
	PRIMARY GUARDIA						
Primary Guardian							
Street Address	Apt	т	own		Zip_		 s
Home Phone ()	Work Phone	()		Cell Phone ()			
Email Address							12
Name of Emergency Contact _		Re	lationship		Phone ()_		-
	PROGRA	AM INFO	RMATION				
Participant's Name			Gender	Grade	Birthdate	/_	_/
Class Title	Activity #	_Section	ıDay	ay/Time		Fee	
Participant's Name			Gender	Grade	Birthdate	!	
Class Title	Activity #	_Section	Day	Time		_Fee_	
ake checks payable to: "Town of East Hease make sure that you fill out this form con Department Program (as defined below," including injury, disability or death). I affirm the distribution of the Program. The undersigned heads and hereby release the Town of East I will the should an injury to me or listed participate.	mpletely to assure proper registrati Program") involves a variety of phy hat my health is adequate and that lereby agrees: 1. I fully assume all	vsical activitie I am not und risks associa oyees, volun e said progra	es and there is an der a physician's ated with utilization teers, elected off im(s). 2. I, for my	n element of risk in care for any undise on of and participaticials boards and yself and for my h	nvolved, which each p sclosed condition that tion in the program(s) commissions (collecti eirs, executors, admir	bears up bears up listed ab ively "The nistrators,	t must assume on my fitness to ove and agree Town"), from a and legal repre
ibility should arrive to the or listed participant entatives, agree to defend, indemnify and ho RAM. 3. If I am a parent or guardian signing e Parks & Recreation Department to use an	on behalf of a child or ward, I mal	ke these repr	esentations and	agreements on be			

ARE YOU CONCERNED ABOUT HOW YOUR CHILD IS DOING IN SCHOOL?

East Hartford parents can get free legal assistance with the educational needs of their children.



What we can do for you:

PHOTO COURTESY OF THE EAST HARTFORD GAZETTE

- Request and evaluate your child's school records.
- Help you understand PPT summaries and educational tests.
- Advocate for your child at school meetings.
- Work with your child's therapist.
- Represent your child at an expulsion hearing.
- Advocate for fair school discipline.

Call Attorney Rafael Rodriguez Cruz at (860) 541-5052, or stop by the East Hartford Public Library, 840 Main Street, East Hartford on Tuesdays.

No need for an appointment.

GREATER HARTFORD LEGAL AID 999 Asylum Avenue, Hartford, CT 06105